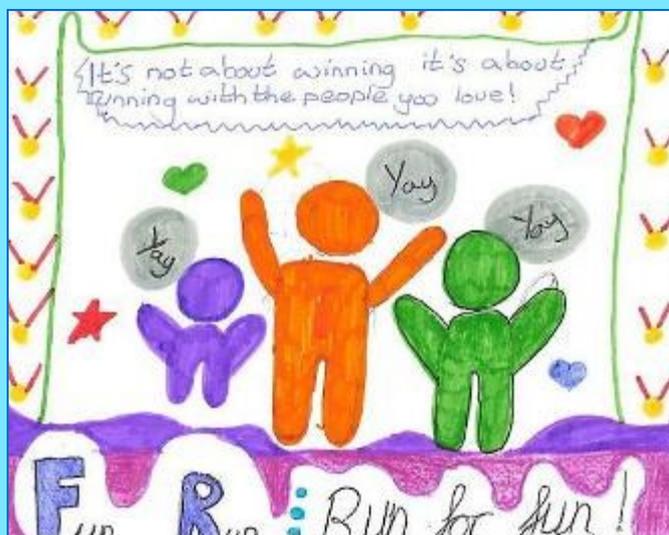


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Ashdon 3km, 10km and Fun Run 2026



**CLICK THE
LINK BELOW**



[Ashdon 10k, 3k & Fun Run 2026](#)

Ashdon Primary School PTA – 29th Annual 10km, 3km & Fun Run
Join us on **Monday 4th May (May Bank Holiday)** for our 29th annual run! Whether you're a serious runner, a jogger, or a walker, there's something for everyone as we celebrate the beautiful countryside of Ashdon.

Race details: Registration opens at 09:00 and closes at 09:45, with races starting at 10:30am. The 10km cross-country route offers a challenging mix of terrains, predominantly off-road across the rolling countryside, with road closures in place for any on-road sections. The course is well marshalled with kilometre markers and a halfway water station.

Categories:

- 10km adult run (chip timed)
- 3km under-16s run (chip timed)
- 3km fun run

Please note that children under 11 must be accompanied by a responsible adult over 18.

Awards: Medals for all finishers, with trophies awarded to winners across all sections.

On the day: Free car parking, water, first aid, refreshments, food vendors, an ice cream van, and face painting will all be available.

All races start and finish at Ashdon Primary School.
If you have any questions, please don't hesitate to get in touch!

A Huge Thank You to Our Wonderful Sponsors!

Our event simply wouldn't be possible without the incredible generosity of our sponsors. We would like to extend our heartfelt thanks to Ashdon Children's Nursery, Ashdon Parish Council, Cheffins, Saffron Security, The Foot Health Clinic, The Plough Bar & Grill, The Rose & Crown and Ford Homes. Their continued support means that we can keep this much-loved community event enjoyable for everyone — from our youngest fun runners to our most seasoned athletes. We are truly grateful for their kindness and commitment to our school and the wider Ashdon community. If you get the chance, please do support these fantastic local businesses

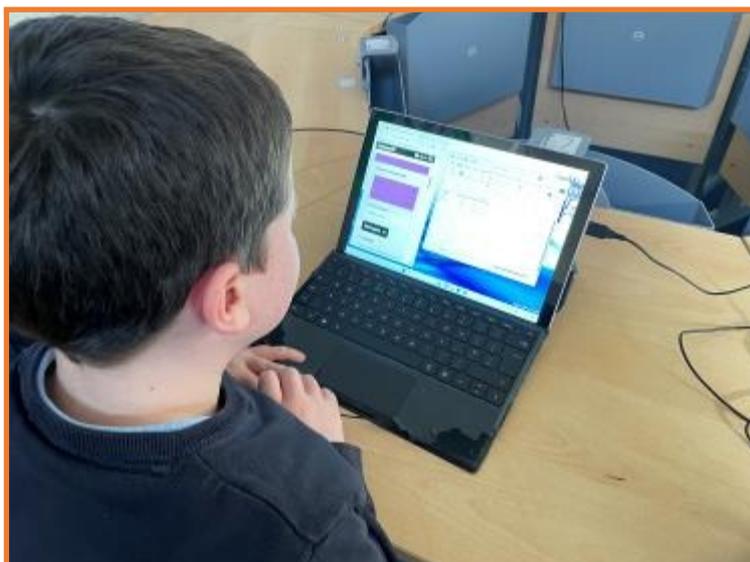
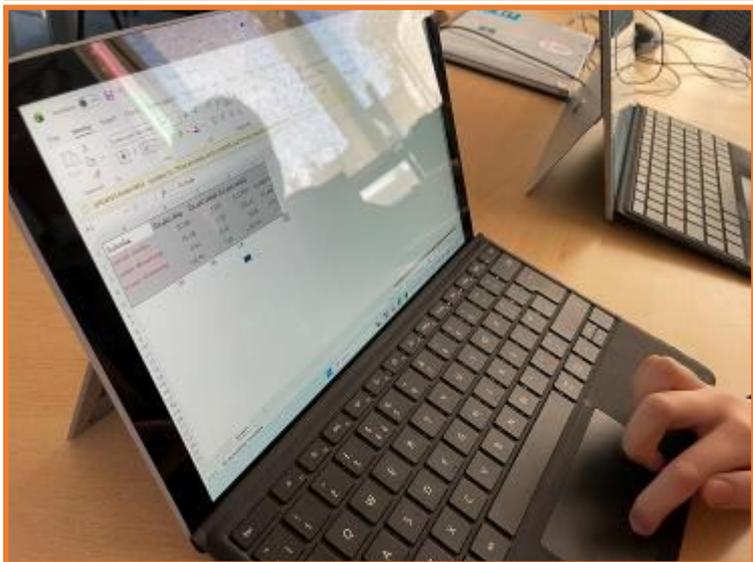
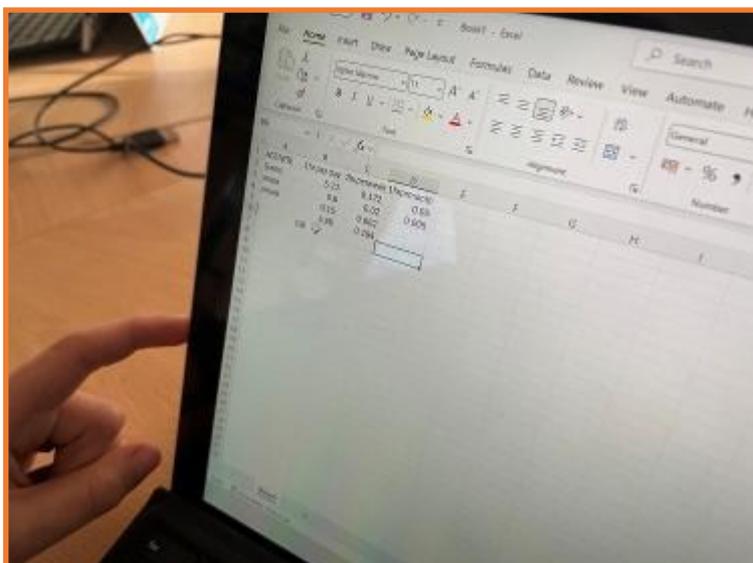
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Healthy Eating in Jupiter Class

In RSHE, as part of our Health and Wellbeing topic, Jupiter class have been thinking about healthy eating and sugar levels in particular. We discussed the dangers of consistently eating too much sugar and how this can affect our bodies and also our mood. We then looked at a range of food and drinks wrappers and the children had a go at ranking them in order of sugar content, before being allowed to look at the labels! They then had a look at the sugar content of each item per 100g and used sugar cubes to build a tower next to each item, as a visual way to explore which items contained a lot more sugar than others. They divided the sugar level of the food or drink by 4 to calculate the number of sugar cubes needed, as each sugar cube contains 4g of sugar. Some were tempted to pop a sugar cube in their mouth, but they resisted!



Computing Gurus in Jupiter Class



Developing Digital Skills: Big Data

This term, our Year 5 and 6 pupils are exploring the world of 'Big Data'! As part of this topic, the children used the Confused.com data usage calculator to investigate how much data is consumed by different online activities, such as streaming videos, listening to music, and using maps. They then took their findings and used them to create their very own spreadsheet in Microsoft Excel, even having a go at writing formulas to calculate the total data used. It was a brilliant hands-on lesson that brought together real-world data and some fantastic budding spreadsheet skills!

Attendance Winners of the Week!



Regular school attendance is vital for your child's academic success and personal development. Each day offers unique learning opportunities and social interactions that cannot be replicated at home. Consistent attendance helps children build relationships, develop essential skills and maintain learning momentum.

We understand children become genuinely unwell and will of course report such absences fairly. However, minor ailments like sniffles are not always a reason to miss school, and we encourage attendance wherever possible.

Missing school creates learning gaps that compound over time. Children who attend regularly achieve better grades, develop confidence and stay engaged with their education.

Congratulations to Mars and Mercury Class for having the highest attendance the week before half term! They will enjoy an extra 10 minutes of playtime as a reward.

Jupiter Class: 96.3%

Saturn Class: 92.5%

Mercury Class: 100%

Mars Class: 100%

Cross Country Finalists!

A huge congratulations to Poppy and Lyla, who represented Ashdon Community in the Cross Country Final this week!

Both girls ran their hearts out and gave an absolutely outstanding performance, showing incredible determination and spirit from start to finish.

The whole Ashdon Community couldn't be more proud of you both - you've been a true inspiration!

**Well done,
Poppy and
Lyla!**



Important Dates, Events and REMINDERS:

- **Monday 2nd March - USSP Tiny School Winter Competition (KS2)**
- **Tuesday 3rd March - Jupiter at Careers Fair in Cambridge**
- **Thursday 5th March - World Book Day (Make sure that you dress up as your FAVOURITE book character and please make a donation on SCOPAY towards our library fund)**
- **Thursday 5th March @ 14:30 - World Book Day Celebration Assembly (all parents welcome to attend - no Celebration Assembly on Friday 6th March)**
- **Thursday 5th March and Friday 6th March @ 15:15 - PTA selling 'Ashdon Amazing Chocolate Bars' - you might win a GOLDEN ticket!!!**
- **Monday 9th March - Friday 13th March - Assessment Week (Make sure that you all go to bed early and have a breakfast before you come to school, ready to do your assessments).**

Stars of the Week

Well done to our stars of the week! These brilliant children have shown fantastic determination and resilience in their learning. They've worked incredibly hard, never giving up even when things got tricky, and have demonstrated a real can-do attitude. Their tenacity and positive approach have been an inspiration to us all. Keep up the brilliant work!

