

Ashdon Primary School

19th September 2025

Newsletter

Addresss: Bartlow Road; Ashdon; Essex; CB10 2HB Tel: 01799584219 Email: admin@ashdon.essex.sch.uk

Food, Glorious Food!



Celebrating Our Brilliant School Kitchen

We're absolutely delighted to share some wonderful feedback about our in-house catering and the fantastic meals prepared for our children every day. Our kitchen caterer, Mrs Henry, works incredibly hard to ensure every child enjoys nutritious, delicious food that fuels their learning.

Delicious Variety Throughout the Week

Our two-week rotating menu ensures children never get bored with their school meals. From homemade chicken pie with puff pastry tops and hearty Italian spaghetti bolognaise to crispy fish finger sticks and jacket potatoes with mild chilli-con-carne, there's something for every taste. We even cater brilliantly for our vegetarian pupils with options like Quorn fillets, cheese and tomato pinwheels and crunchy Quorn dippers. Every meal comes with fresh seasonal vegetables and there's always fresh fruit and yogurts available daily for those wanting a healthy snack. Every Monday morning, our kitchen receives a fresh delivery of seasonal fruit and vegetables for the week ahead. This commitment to using the freshest ingredients possible means your children are getting the very best nutrition to support their growth and concentration throughout the school day.

What the Children Are Saying

The best testament to our school meals comes from the children themselves:

"The homemade chicken pie with the puff pastry top is absolutely delicious — I always ask for seconds!" — Year 4 pupil "I love the Italian spaghetti bolognaise day — it's my favourite lunch of the week." — Year 6 pupil

"The fish finger sticks are so crispy and the chips are brilliant. Much better than frozen ones!" – Year 3 pupil

"I never used to like jacket potatoes, but now I love them with the chilli-con-carne. It's not too spicy either." – Year 2 pupil

"The fresh fruit and yogurts every day mean I don't need to bring snacks from home." – Year 1 pupil

Staff Feedback

Our teaching staff have also noticed the positive impact of our excellent catering:

"The children come back to afternoon lessons much more settled and focused after such well-balanced, satisfying meals," said

one of our class teachers.

"It's wonderful to see children trying new foods and developing healthier eating habits. The kitchen team do an outstanding job of making nutritious food appealing to young palates," commented Mrs Reynecke-Raybould, our Headteacher.

"The variety and quality of meals means parents can feel confident their children are receiving proper nutrition during the school day," noted another member of our teaching team.

Mrs Henry understands that good food is essential for good learning. Every meal is carefully planned to provide the right balance of nutrients, energy and flavours that children need to thrive.

If you haven't yet tried our school meals, we'd encourage you to consider them. Your child will be joining friends for a social, enjoyable mealtime whilst receiving excellent nutrition that supports their education. For more information about our menus or to sign up for school meals, please contact Mrs Bishop or Mrs Anderson in the school office.





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Ashdon Primary School 2025 Autumn / Winter Menu - Week 1



| W/C - 1 st September, 15 th September, 29 th September & 13 th October | | | | | | |
|--|---|--|--|---|---|--|
| | Monday | Tuesday | Wednesday | Thursday | Friday | |
| Main Meal | Cheese and Tomato Italian style Pizza | Jacket Potato with mild Chilli- Con-Carne optional Sour Cream Dressing | Homemade Hearty Chicken Pie with Puff Pastry Top | Bacon and Egg Omelette Breakfast Muffin | Fish Finger Sticks | |
| Vegetarian option | Cheddar Cheese Toasted Panini | Jacket Potato with Cheddar Cheese | Quorn Fillet | Egg Omelette Breakfast Muffin | Crunchy Quorn Dippers | |
| On the side | Selection of Fresh Salad and Vegetables | Selection of Fresh Salad and Vegetables | Roast Potatoes Seasonal Vegetables and Gravy | Baked Beans Hash Browns and Mushrooms | Crispy Chips Steamed Vegetables | |
| Dessert | Fresh Fruit | Juicy Peaches in Syrup with Cream | Oat Biscuits | Marshmallow Rice Krispy square | Vanilla Ice Cream with Toffee Sauce | |

There are fresh fruit and yogurts available daily









Ashdon Primary School 2025 Autumn / Winter Menu - Week 2



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|-------------------|---|---|-------------------------------------|---|---|
| Main Meal | Crunchy Baguette filled with sliced Ham | Roasted Chicken Pieces with optional BBQ Sauce | Italian Spaghetti Bolognaise | Homemade Pork Sausage Rolls | Fish Finger Sticks |
| Vegetarian option | Crunchy Baguette filled with Cheddar Cheese | Quorn Pieces with optional BBQ Sauce | Tomato and Basil Spaghetti Pasta | Cheddar Cheese and Tomato Pinwheels | Vegetable Crispy Fingers |
| On the side | Selection of Fresh Salad and Vegetables | Homemade Potato Wedges and Salad Bar | Sliced Garlic Bread | Mashed Potato and Baked Beans | Crispy Chips and Steamed Vegetables |
| Dessert | Fresh Fruit | Chocolate Whipped Mousse | Jam Sponge and Warm Custard | Fruit Cocktail and Cream | Fruity Jelly |

There are fresh fruit and yogurts available daily.







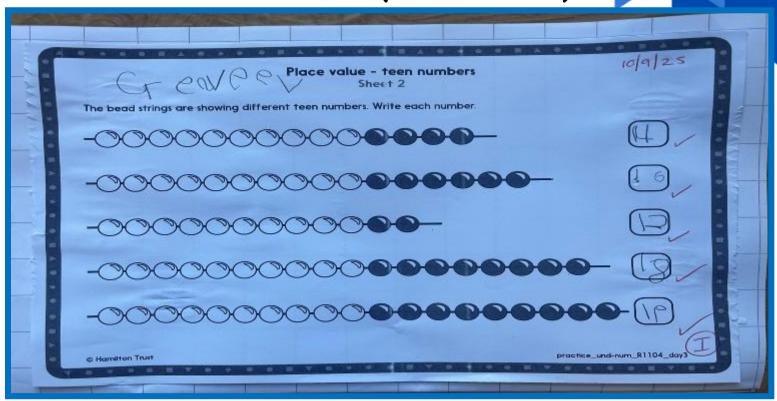


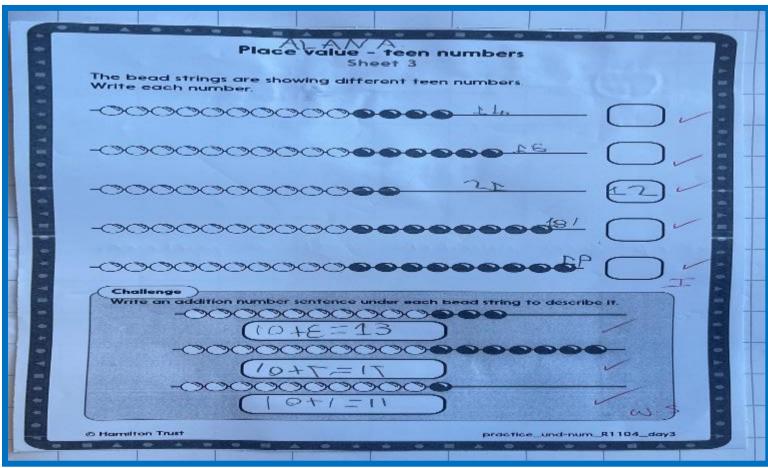
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<u> Mars Class</u>





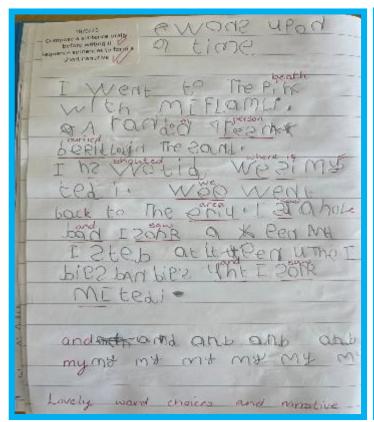


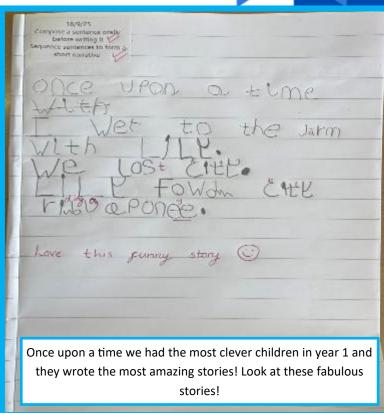
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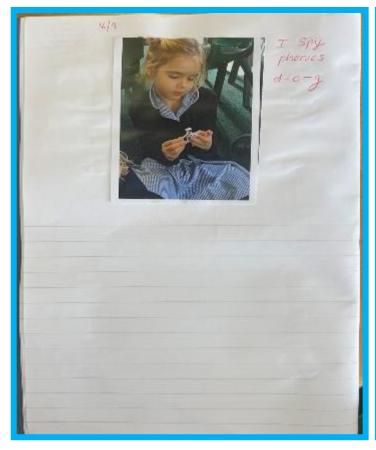
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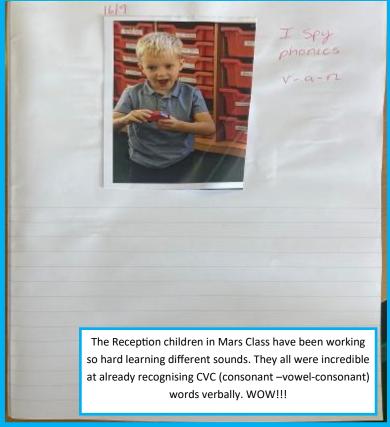
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Mars Class







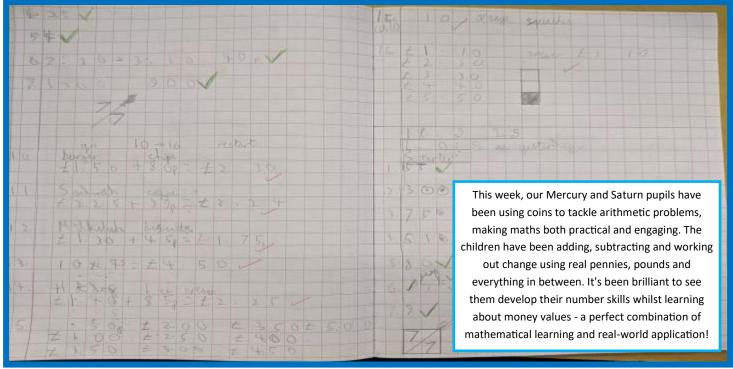


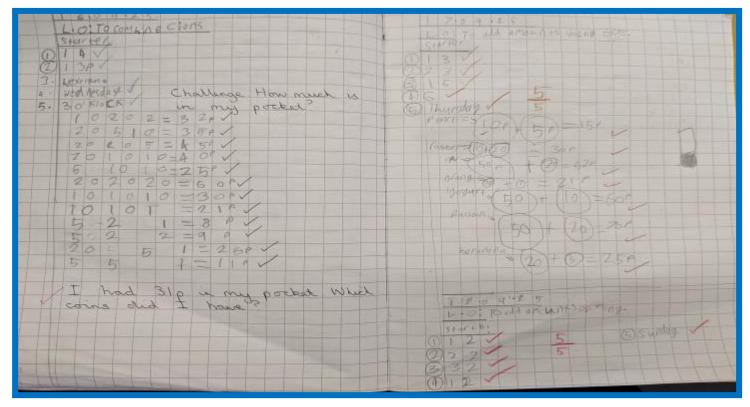


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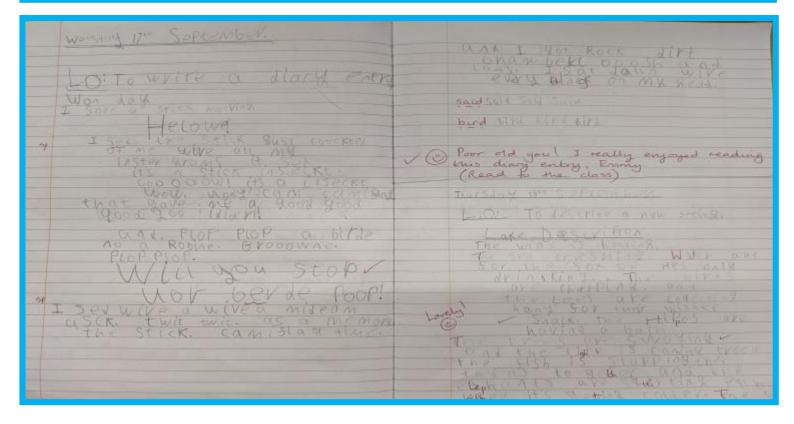


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(Marked together) (Road to the class) () What an exciting day! This week, our Mercury and Saturn pupils have been learning about diary entries, discovering how to capture their thoughts and experiences on paper. The children have also been practising descriptive writing by focusing on a lake setting, using vivid vocabulary and sensory details to bring the scene to life. It's been wonderful to see their engagement with both forms of creative writing!

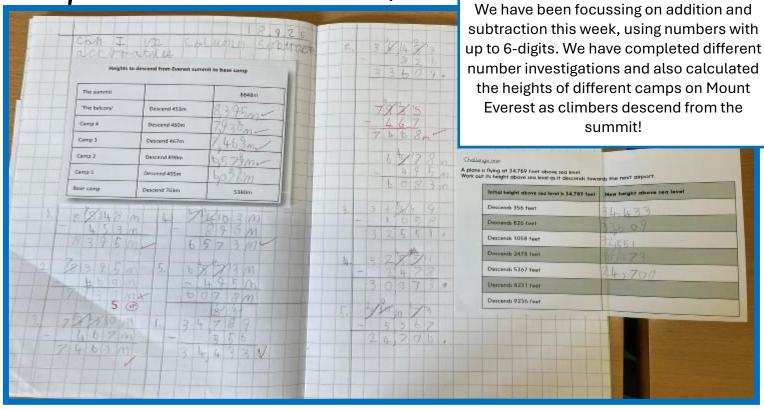


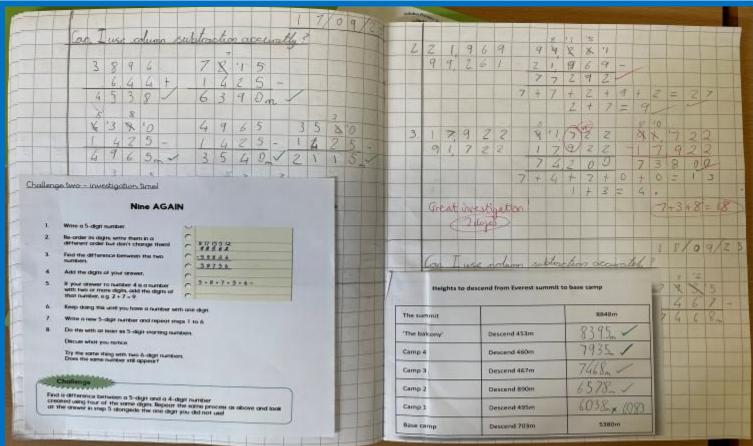


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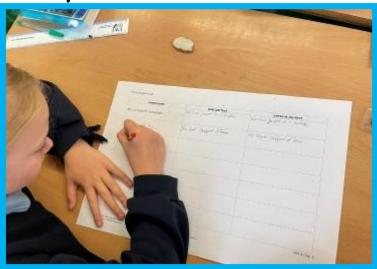


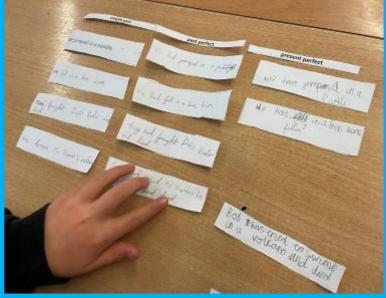


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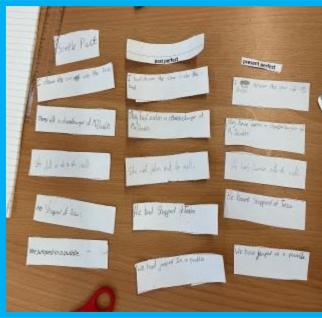
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This week we have been learning about the perfect tense and how to write using the past perfect and present perfect verb forms. On Thursday the children created their own sentences using a mixture of the simple past, past perfect and present perfect tenses. They then cut them up and passed them on to another pair, who had to sort them into the correct columns. We are masters of the perfect tense now!

Stars of the Week!!

What a brilliant week it's been watching our pupils shine! This week's Stars of the Week have truly earned their certificates through their outstanding efforts and positive attitudes. From showing incredible perseverance with tricky maths problems to demonstrating exceptional kindness towards their classmates, these children have made their teachers and families incredibly proud.

It's wonderful to see so many pupils going above and beyond - whether that's improved handwriting, fantastic listening skills, creative thinking or simply being a brilliant friend to others. Each star has shown that hard work, determination and a positive attitude really do make all the difference.

Congratulations to all our Stars of the Week! Your achievements, both big and small, deserve to be celebrated. Keep up the fantastic work and remember that every effort you make helps you grow and learn. We can't wait to see who will be shining bright next week!

Well done to all our pupils - you're all stars in our eyes!



Attendance Winners of the Week!

Regular school attendance is one of the most important factors in your child's academic success and personal development. Each day at school offers unique learning opportunities, social interactions and experiences that cannot be replicated at home. When children attend consistently, they build strong relationships with teachers and peers, develop essential life skills, and maintain the momentum needed to master complex concepts.

Missing school, even occasionally, can create gaps in learning that compound over time. Children who attend regularly achieve better grades, develop confidence and stay engaged with their education. Beyond academics, school provides a structured environment where children learn vital social skills and teamwork abilities.

Congratulations to Saturn and Mars Class for having the highest attendance last week! As our attendance winners, they will enjoy an extra 10 minutes of playtime as a reward for their excellent commitment to being in school every day.

We encourage all families to prioritise school attendance and to contact us early if challenges arise. Together, we can ensure every child has the best possible chance to thrive and reach their full potential.

Jupiter Class: 99%

Saturn Class: 100%

Mercury Class: 98%

Mars Class: 100%

Uniform for 2025-2026

| Shorts Navy Blue (Smart) Skirts Navy Blue (Smart) Pinafore Navy Blue Polo Light Blue Shirt Jumpers Navy Blue Cardigans Sweat-shirt Summer Dress Check School Black (No Trainers/no boots) P.E Kit Navy Sweatshirt & Tracksuit Bottoms P.E Kit Navy Polo Shirt and Navy Blue Shorts P.E Black Plimsolls or Black trainers P.E Black Plimsolls or Black trainers Swimming Kit Swimming Trunks (boy) Swimming hat Pool will not allow boys wearing long swimming trunks Towel Hair Accessorie Suley White O black only Sules Studs only Watch | | |
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A huge thank you to parents and carers who have made sure that our lovely pupils are wearing the correct uniform. They look lovely and so smart! Please make sure that your children also have the correct P.E. kit as we will be doing lots of exercises! Also make sure that you take out earrings on P.E. days. **Jupiter Class** parents and carers, please make sure that your child has a P.E. kit as well as a swimming kit ready. Thanks:-)









What brilliant readers we had this week!
Our Pawsome Readers read beautifully
to Jaffle, showing tremendous effort
and tenacity in improving their reading
skills. They didn't give up on tricky
words and kept going with real
determination.

Jaffle is absolutely chuffed with all the amazing readers he gets to listen to each week, and this week's readers made his tail wag with pride. Their hard work and enthusiasm really shows!
Well done to our Pawsome Readers - keep up the fantastic work!



Important Dates and Events:

- * Monday 22nd September Bikeability for some Year 4, 5 and 6 pupils
- * Tuesday 23rd September Mars and Mercury Class Teddy Bear Run @ 13:30-14:30
- * Thursday 25th September -WW1 Simulator Sessions for Jupiter Class
- * Thursday 25th September Mars Class Library Bus @ 13:00-14:00
- * Friday 26th September NO Celebration Assembly
- * Wednesday 15th October and Thursday 16th October @ 15:40-18:00 Parent Consultation Evenings
- * Friday 12th December @ 10:00 and 14:00 Nativity Play Performances

Have a GREAT WEEKEND!!