



## TUDORS VISITING ASHDON

Children in Saturn Class, along with Mrs Jarmain and Mrs Bidwell, had a fabulous day as Tudors in school! Everyone dressed up as Tudors, with Mrs Jarmain looking very regal indeed dressed as a Tudor Queen.

The children had a wonderful hands-on day immersing themselves in life during the Tudor period, which spanned from 1485 to 1603 and included famous monarchs such as Henry VIII and Elizabeth I. They tried their hand at baking biscuits, just as Tudor cooks would have done, and built their own Tudor houses, learning about the distinctive black and white timber-framed buildings that are still admired today. The children also discovered the horrors of the plague and explored some of the rather unusual remedies that people believed would cure it – from carrying bunches of flowers to ward off "bad air" to some truly peculiar potions!

Days like these are a fantastic way of broadening the curriculum experience, bringing history off the page and into the classroom. By dressing up, baking, building, and exploring, children are able to connect with the past in a meaningful and memorable way, developing a deeper understanding of how people once lived. It is through these rich, immersive experiences that learning truly comes alive.



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## Ashdon 10km Fun Run Logo

### Competition Winners



Well done to Emily! She was selected as the **WINNER** of the 'Ashdon 10km Fun Run' Logo this year! What a lovely logo and fabulous message to all!



A big well done to Jovie, our KS1 runner-up in the Ashdon 10km Fun Run Logo Competition! Her design was full of creativity and colour - fantastic work!



Congratulations to Molly, our KS2 runner-up! Her colourful and eye-catching logo design really impressed the judges. Great job, Molly!

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## Children's Mental Health Awareness Week

This week is Children's Mental Health Week and the theme this year is Belonging. We have spent the week considering what it means to belong somewhere and how we can help each other to feel like we belong as part of our Ashdon school family.

On Monday, each class took part in a virtual assembly from the School of Kindness charity. In addition, the children came to school wearing what 'makes them feel relaxed' - there were a lot of pyjamas around! We had a relaxed carousel afternoon where each child in the school chose 2 out of 4 activities that they would like to take part in. The choices were Art, Crafts, Yoga or Board Games and reading. It was lovely to see children from across different age groups mixing and enjoying the different activities. Jupiter Class also spent their weekly RSHE lesson discussing how what people say may not always match how they are truly feeling inside: we discussed different real-life scenarios and how we could support the people involved.



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## Children's Mental Health Awareness Week

Every blue heart cookie baked and iced with care carries a simple but powerful message: you matter, and you are not alone. Blue is the colour of Children's Mental Health Awareness, and today, each child in our school received a hand-baked blue heart, lovingly made by Mrs Reynecke-Raybould, as a reminder that their feelings are valid, their voices are heard, and there is always someone who cares.

It's okay to feel sad. It's okay to ask for help. It's okay to talk about what's on your mind. These little blue hearts are a sweet reminder that kindness, connection, and support are all around – and that looking after our mental health is just as important as looking after our bodies.



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## Internet Safety Day

On Tuesday 10<sup>th</sup> February, Jupiter Class marked Safer Internet Day by taking part in a BBC live lesson based on using AI-technology safely and responsibly.

We each created our own 'mission pack' throughout the lesson, which was themed around designing an effective 'AI chatbot', to provide people with information about vultures. It was a really interesting afternoon discussing the positives of AI technology as well as reasons why we may need to sometimes use it tentatively too.



## Attendance Winners of the Week!



Regular school attendance is vital for your child's academic success and personal development. Each day offers unique learning opportunities and social interactions that cannot be replicated at home. Consistent attendance helps children build relationships, develop essential skills and maintain learning momentum.

**We understand children become genuinely unwell and will of course report such absences fairly. However, minor ailments like sniffles are not always a reason to miss school, and we encourage attendance wherever possible.**

Missing school creates learning gaps that compound over time. Children who attend regularly achieve better grades, develop confidence and stay engaged with their education.

**Congratulations to Saturn Class for having the highest attendance last week! They will enjoy an extra 10 minutes of playtime as a reward.**

**Jupiter Class: 86.3%**

**Saturn Class: 93.3%**

**Mercury Class: 84.1%**

**Mars Class: 89.5%**

## Important Dates, Events and REMINDERS:

- **Monday 23rd February - First Day of Spring Term 2**
- **Thursday 26th February - Mars Class going on Safari**
- **Thursday 26th and Friday 27th February - Pre-Orders for PTA's Amazing Ashdon Chocolate Bars (remember that you could win a golden ticket with amazing prizes!)**
- **Friday 27th February @ 09:15 - Celebration Assembly**
- **Thursday 5th March - World Book Day (Make sure that you dress up as your FAVOURITE book character if you can and please make a donation on Scopay towards our library fund)**
- **Monday 9th March - Friday 13th March - Assessment Week (Make sure that you all go to bed early and have a breakfast before you come to school - ready to do your assessments).**

## Hockey Heroes

We want to say a huge thanks to our hockey heroes who are attending the hockey on Friday whilst other children are having a relax at home! These 'Ashdon Troopers' will play against Henham tomorrow afternoon! Thank you so much for representing Ashdon Primary and the best of luck Team Ashdon!

Hockey Heroes: Phoebe, Harry, Emily, Sophia, Zach, Teddy, Thane

♥♥♥ A Huge Thank You! ♥♥♥

A massive thank you to Callie and Genevieve who very kindly made a Valentine's sweetie bag with a lovely message for each and every child in the school! What an incredibly generous and thoughtful gesture – it certainly put a smile on a lot of faces. Thank you so much for all your time, effort, and kindness. We really do appreciate it!

